### BUNTS SANGHA'S S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT STUDIES, POWAI.

## NAAC ACCREDITED 'A' GRADE ISO 21001:2018 CERTIFIED IMC RBNO CERTIFICATE OF MERIT 2019

D/11/09/22-23

#### Report – YOGA UTSAV

**Event: YOGA UTSAV** 

**Date:** 19 June, 2022

Objective: To strengthen the global coordination among people through yoga.

Highlights: NSS unit of Bunts Sangha's S M Shetty College of Science

Commerce and Management Studies, Powai.

Event was organized by Brahma Kumari's to celebrate International Yoga Day on 19 June 2022 from 10:30am – 12:00pm to create awareness by treating your body with various relaxes and guide your mind with thoughts and stability. Volunteers were assembled at Brahma Kumari's Prabhu Upvan Ekta Bhoomi Garden, Borivali East for Yoga.

Total 5 volunteers participated in International Yoga Day.

- Disha Boricha
- Shalini Jha
- Aniket Karkera
- Niket Singh

PRINCIPAL
Bunts Sangha's S.M. Shetty College
of Science, Commerce & Management Studies
Powai, Mumbai-400 076.
Tel. 022-6132 7352
Email: college@smshettyinstitute.org

NSS Programme Officer

**NSS Programme Officer** 

**Principal** 

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Vijay Crishwagaena

**NSS Programme Officer** 

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