D/11/076/22-23

<u>Approval Form – Session on Myths and Facts On Haemoglobin and</u> <u>Anemia.</u>

Department: NSS Unit

Program: Session on Myths and Facts On Haemoglobin and Anemia.

Objectives: To give an introductory session on Myths and Facts On Haemoglobin and Anemia.

Need: To spread Awareness on Myths and Facts On Haemoglobin and Anemia to the youth.

Content: Orientation Session taken on the topic Myths and Facts On Haemoglobin and Anemia.

Judge: NA

Date: 28th September, 2022

Cost/Budget: NA.

Resource Person: Dr Yogita Dhande MBBS, AMO (Hiranandani Garden Health Post)

Proposed by: Mr. Shivam Upadhyay

Verified by: Dr. Vijay Vishwakarma & Prof. John Menezes.

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NSS Programme Officer

John

NSS Programme Officer



Notice(WhatsApp):

Jai Hind The _NSS UNIT_ of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai

> _Is Organising_ A Session on Myths and Facts On Haemoglobin and Anaemia

> > Resource person: Dr Yogita Dhande MBBS, AMO Hiranandani Garden Health Post

Date: 28th september,2022 Time: 12 NOON Venue:AV ROOM

For any queries Call:

Ayesha khan- 8828486740 Abhijeet patil - 8355822256 Samay Shah - 8879874488 Mayur Shewale - 8828069553

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NSS Programme Officer

NSS Programme Officer



<u>Minutes of the meeting – Session on Myths and Facts On Haemoglobin</u> and Anemia.

There was an online meet taken on Zoom Platform.

1st Meeting on 27th September, 2022

- □ Volunteers are told to maintain discipline.
- \Box To allot work to the social media team.
- □ To allot volunteers to prepare for the WhatsApp message & poster for the session.
- To allot the social media team start to work on the poster and brochure for the session and update the social media platform.

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Bunts Sangha's S. M. Shetty College of Science, Commerce & Management Studies, Powai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified Report: Session on Myths and Facts On Haemoglobin and Anemia.

Event: Session on Myths and Facts On Haemoglobin and Anemia.

Date: 28th September, 2022

Objectives: To give an introductory session on Myths and Facts On Haemoglobin and Anaemia.

Highlights: This event was organized by the **NSS Unit** of **S.M.Shetty College Of Science, Commerce & Management Studies, Powai**. This Session was on **Myths and Facts On Haemoglobin and Anaemia**. The Seminar started with the introduction of the resource person **Ms. Yogita Dhande** by our NSS Volunteer Mr. Maqsood Ali . Ms. Ayesha khan is our resource person. Volunteers got information about the topic. She explained that the Haemoglobin gets low when RBC count is low. When the Haemoglobin is low it is called Anemia and when Haemoglobin is high it is called polycythemia. She has also said that the women have 12 to 14 levels of Haemoglobin And men have to 13 to 16 levels. She also explains their various types. She also explained Haemoglobin and Anaemia votes through giving some interesting examples which were related to life . She also told us about how people think on such sensitive topics. Volunteers participated in large numbers and the session was much more interactive.

The webinar ended with the vote of thanks by NSS Volunteer Mr. Sanjiv Bhappa.

There were a total 77 participants in the session.

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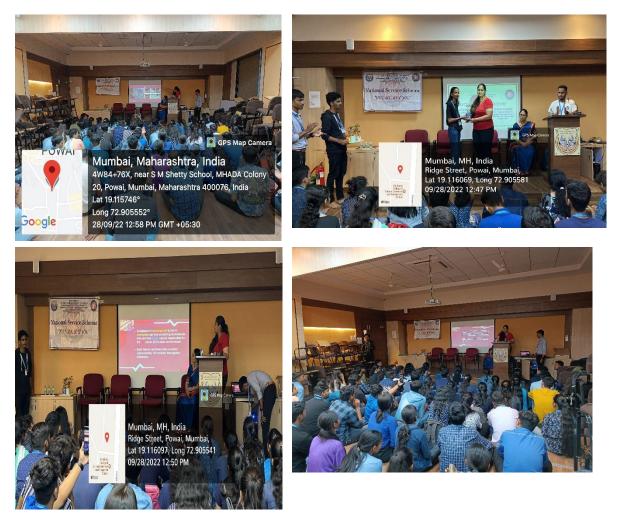
NSS Programme Officer

John

NSS Programme Officer



Photos:-



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NSS Programme Officer

NSS Programme Officer



Participants list:

1. Shubham Yadav	41.Adhya	
2. Debasish behera	42.Ashwini chavan	
3. Shaun shaji	43.MAHESH KUNWAR	
4. Pinky Sahani	44. Shaikh maqsood mushtaq ali	
5. Nidhi Patel	45.Madur Karkera	
6. Kunal Prakash Sawale	46.Sakshi Poojary	
7. Aman Singh	47.Jainam jain	
8. Zoeb khan	48.Shruti Dubey	
9. Abhijeet Sangade	49. Amisha Shetty	
10.Appu ambali	50.Upadhyay Saurabh Gautam	
11.Komal Thakulla	51.Nandini Sadashivan	
12.Astha tiwari	52. Jaineey chhadwa	
13.ISHA RAJESH SONI	53.Sakshi Suresh Rai	
14.Krishni Shetty	54.Pooja patil	
15.Sanjana Yadav	55.Sahil Anand kadam	
16.Shetty Shravya	56. Vaibhavi Vijay Rathod	
17.Anish Kotian	57.Ritu Prajapati	
18.Ayush kumar	58.Sapna Rajesh Saroj	
19. Sonal Gupta	59. Tushar Premshankar	
20.Chetan Metrela	Chaurasiya	
21.Manoj Poojary	60.Ratnavali Surendra Chaurasia	
22.Deepak pawar	61.Sneha mandal	

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23.Sonal Sanjay Jadhav	62.Simran Jaiswal	
24. Shashank Ashish Rane	63. Annapurna shetty	
25.Prajesh Prabhakar Gurav	64. Mayur shewale	
26. Aameena Sayyed	65.Shejal	
27.Singh Amankumar	66.Reena chaurasiya	
Manojkumar	67.Rohan singh	
28.Neetu Yadav	68.Rajyashree Jaiswal	
29. Aakash Vinod Jagtap	69.Kanchan Lalbahadur Gupta	
30.Het	70.SHUBH BORICHA	
31.Chinmay Mule	71.Utkarsha kadam	
32. Akhilesh Nishad	72.Harsh chheda	
33.Muskna Suleman Mulla	73.Piyush taith	
34.Hrehaan Poovadan	74. Tripathi Saurabh	
35.Guddu yadav	75.Prashant Vijayprakash Dubey	
36.Preeti sahu	76.Pratham mahyavanshi	
37.Sneha Pandey	77.Shruti Dubey	
38.Sohail Shaikh		
39.Sanjiv bhappa		
40.Muskan Suleman Mulla		

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Thank You letter:

S.M.SHETTY COLLEGE OF SCIENCE, COMMERCE & BUNTS SANGHA'S PERMANENTLY AFFILIATED TO UNIVERSITY OF MUMBAI ACCREDITED BY NAAC - 'A' GRADE IMC – RBNQ Merit Certificate ISO 21001 : 2018 Certified MANAGEMENT STUDIES September 28, 2022 SMS/566 To. Dr. Yogita Dhande Asst. Medical Officer - S Ward Hiranandani Health Post MADHENU GUNA VIDYA Dear Madam, It was an immense pleasure to have you as a 'Resource Person' for a session on Myths & Facts on "Heamoglobin & Anaemia" on 28th September, 2022 organized by the NSS Unit of Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies. We on behalf of our college are indeed thankful to you for sparing your precious time. Thanking you, With Regards, For Les Dr. Sridhara Shetty PRIPRINCAPAL Bunts Sangha's S. M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai - 400 076. Hiranandani Garden, Powai. Mumbai 400 076. Tel.: 022 - 61327352 / 61327356 / 61327363 Website: www.smshettycollege.edu.in Email: college@smshettyinstitute.org

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PRINCIPAL Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352

Email: college@smshettyinstitute.org

ACTION TAKEN REPORT On Session on Myths and Facts On Haemoglobin and Anaemia

Date	Feedback Received	Suggestions Provided
28 th September, 2022	Feedback received on all the volunteers and audience was highly positive and encouraging. Suggestions were received regarding conducting more such events in the future. Please add some more events such as various diseases and awareness drives too.	Please conduct such more Program this was nice interactive session that gives a knowledge.

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NSS Programme Officer

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