# S.M.Shetty College of Science, Commerce & Management Studies, Powai. Permanently Affiliated to University of Mumbai. ISO 21001:2018 CERTIFIED IMC RBNQ CERTIFICATE OF MERIT 2019 Activity Approval Format

Date: 13-8-2022

**Program:** Dental Care Awareness for Youth

**Need:** To educate and spread knowledge of proper dental care and prevention of dental diseases .

**Objective:** The process of providing participants with relevant information about oral health based on scientific principles.

**Content:** Oral health & its benefits.

**Resource Person:** Dr Tushar Kadam **Date:** 18th August,2022

**Time:** 12:00 - 1:00 pm **Venue: 807** 

Cost/Budget: 700 Rs/-

Proposed By: Health Club

Verified By:



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### Minutes of the meeting

Date:14 July,2022

Time: 12:30 pm

Mode: Library Corner

Following things were discussed in the meeting:-

It was decided that the Health Club of college will organize a program on Dental Hygiene on 18th August, 2022 .The session will start at 12:00 pm in 807, Dr. Tushar Kadam will be the resource person for the same. The session will be open to all the members of the college.

### **Health Club In-charge:**

Asst. Prof. Himani Shukla

### **Health Club Members:**

Asst. Prof. Vinay Vilas Shahapurkar Asst. Prof. Chirag



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### **Notice**

Date: 16-8-2022

" The TOOTH is the only part of the body that can't heal itself. "

Hello Everyone! 🙏

Warm Greeting from the

Health Club of Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies (Permanently Affiliated to University of Mumbai), Powai, Mumbai is conducting a session on

Topic: Dental Care Awareness for Youth

Resource Person: Dr Tushar Kadam

For: 🤨 All 👲

Venue: 807

: 18th August , 2022.

👸: 12:00 noon - 01:00 pm.

For any queries, contact at:

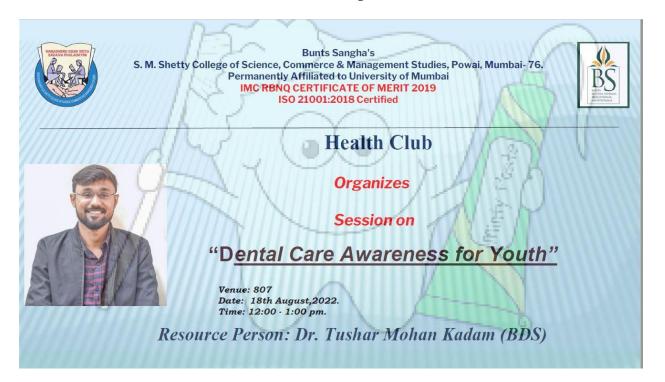
Asst. Prof. Himani Shukla

himanis@smshettyinstitute.org



# Bunts Sangha's S.M.Shetty College of Science, Commerce & Management Studies, Powai. Permanently Affiliated to University of Mumbai. ISO 21001:2018 CERTIFIED IMC RBNQ CERTIFICATE OF MERIT 2019

### **Backdrop**





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### Report

Organized by: Health Club Event Topic: Dental Care Awareness for Youth Date: 18-8-22 Timing: 12:00 - 1:00 pm Venue: 807 Scope: Students & Teachers

Resource Person: Dr. Tushar Kadam (BDS)

**Total Count: 25 - 12 F+13 M** 

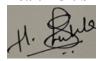
Objective: The process of providing participants with relevant information about oral health based on scientific principles.

**Highlights**: The webinar started with a welcome address about the event& introduction of the resource person by Asst. Prof. Vinay Shahapurkar (Member of Health Club). The resource person recommended the following steps to maintain good oral hygiene:

- Brush teeth twice a day with an ADA-accepted fluoride toothpaste using the correct technique.
- Replace toothbrush every three to four months, or sooner, if the bristles are frayed.
- Clean between the teeth daily with floss or an interdental cleaner.
- Visit the dentist once in six months for professional cleaning and an oral examination.
- Practice a regular oral health care routine.
- To follow a plant based rich diet avoiding smoking, alcohol, aerated drinks to maintain healthy gums.

The event was concluded with the vote of thanks given by Asst.Prof. Chirag Chandan (Member of Health Club).

### **Health Club In-charge:**





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### **Pictures**







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### **Participant List** (25= 12 F & 13 M)

Sr.No	Name	Gender
1	Shivanshi Tiwari	Female
2	Nag Simran	Female
3	Dhruti patel	Female
4	Jaineey chhadwa	Female
5	Kavya Shettigar	Female
6	Khushi Agrahari	Female
7	Bhavika.B.pujari	Female
8	Natasha Suthar	Female
9	Hitanshi Mohit Desai	Female
10	Pinky Sahani	Female
11	Kanchan Gupta	Female
12	Sneha pujari	Female
13	Abhijeet Sangade	Male
14	Vivek Shah	Male
15	Rahul Rawat	Male
16	Shailesh Maitre	Male
17	Vishal Gupta	Male
18	Sachin yadav	Male
19	Siddiqui Shadab	Male
20	Shashank Rane	Male
21	Sohan kudke	Male
22	Anuj sharma	Male
23	Tiwari Adarsh Vikas	Male
24	Sahil Shetty	Male
25	Karan Gupta	Male

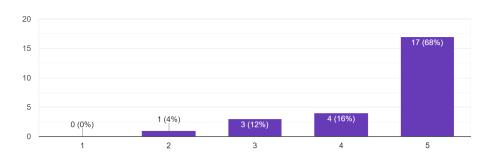


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### **Feedback Analysis**

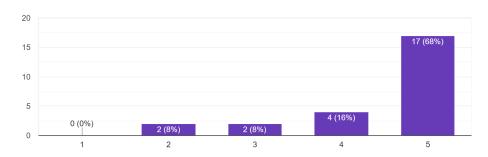
#### How informative was the session?

25 responses



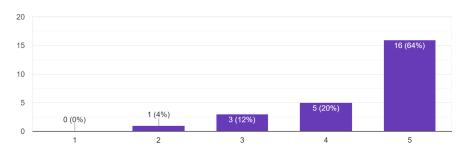
#### How satisfied are you with the session's content?

25 responses



### $\label{thm:continuous} \mbox{How relevant and helpful do you think the session was?}$

25 responses

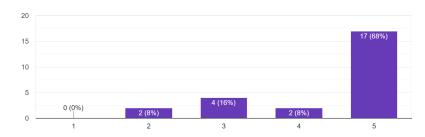




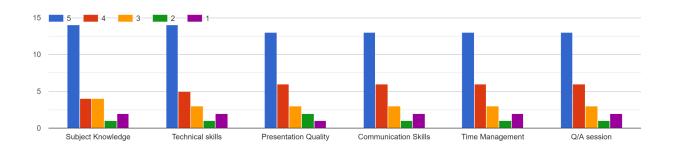
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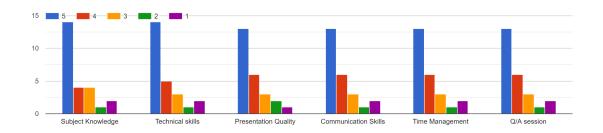
How satisfied are you with the technical aspects? <sup>25 responses</sup>



How satisfied were you with the key note speaker?



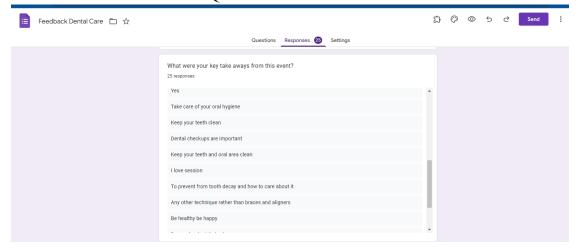
How satisfied were you with the key note speaker?



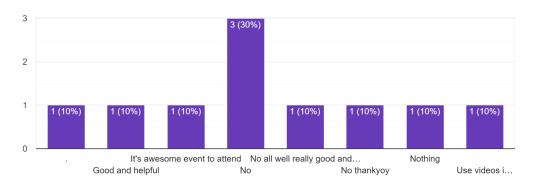


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Any other feedback and suggestions for the event? 10 responses



### **Action Taken Report**

Feedback Received	<b>Conclusion</b>
<ul> <li>Dental Health cure is very important</li> <li>Keep your teeth and oral area clean</li> <li>Precautions and cleaning</li> <li>To prevent from tooth decay and how to care about it</li> </ul>	To keep more such awareness sessions for the students.

