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D/11/042/22-23

<u>Approval Form – Blood Donation Camp (August) 2022</u>

Department: NSS UNIT

Program: Blood Donation Camp

Objective: To collect the maximum number of blood and raise awareness that individuals can save lives and improve the health of others by donating blood.

Need: The people should needed to be aware and tell the importance about the importance of donating blood

Content: People come and donate blood and help in this noble cause.

Judge: NA

Date: 13th August, 2022

Cost/Budget: NA.

Proposed by: Dr. Vijay Vishwakarma & Prof. John Menezes.

Verified by: Dr. Vijay Vishwakarma & Prof. John Menezes.

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Minutes of the meeting - Blood Donation Camp (August) 2022

There were 3 meetings that took place offline

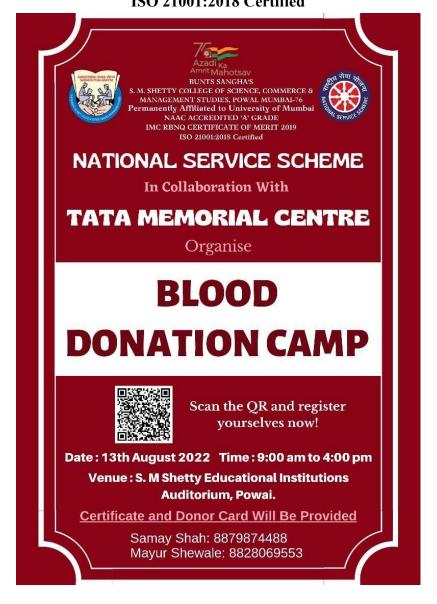
1st Meeting – 3rd August, 2022		
 □ Sir introduced the blood donation event to new volunteers □ Volunteers where informed about the various work to be done □ Motivated the volunteers to actively participate in this event and contribute . 		
2 nd Meeting -7 th August, 2022		
 □ Volunteers were selected for the event □ And the teams were divided for the event □ Social Media team where instructed with work □ Volunteers were divided into the teams as per their work □ All the selected volunteers were instructed for what to be done on day 	7	
3 rd Meeting- 11 th August, 2022		
☐ Sir informed the Plan of Action ☐ Volunteers told to maintain the discipline ☐ The dress code to be wear for the event day ☐ Volunteers were told reporting time and some basic rules. ☐		
Brochure/Poster –		

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BUNTS SANGHA'S

S.M. SHETTY COLLEGE OF SCIENCE,

COMMERCE AND MANAGEMENT STUDIES, POWAI Permanantly Affiliated to University of Mumbai

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Precautions before donating

- 1.Age: 18yrs-60yrs (up to 65 years if donating Regularly).
- 2. Weight: 45kgs or More
- 3. Should have eaten something within 4 hours prior to donation
- 4. Should have slept well for at least 6 hours, within 24 hours before donation.
- Make sure that you have completed 14 days after vaccination, to be eligible.
- 6. Should not have smoked 4 hours prior to donation or consumed alcohol 24 hours prior to donation.
- Shall not be on meditation for Blood Pressure.
- Should not have consumed any antibiotics within 3 days prior to donation.
- Should not have undergone tattooing or body piercing within 6 months.
- O.Do not wear tight clothes on your upper arm.

Post Donation Care

- 1. Take more fluids orally than usual in the next 4 hours like fruit juices, water..
- 2. Do not smoke for 30min after donation and Do not stand in sunlight for long
- 3. Do not drive a vehicle for 1 to 2 hours and Do not take alcohol for 24 next hours.
- Avoid any heavy strenuous activity for that day like jogging, workout in the gym, etc.
- 5.If there is bleeding from the phlebotomy site, raise the arm and apply pressure on the site.
- If there is a feeling of giddiness, either lie down or sit with your head between knees.
- 7. Remove bandage 5-6 hours after donation.
- 8. If bruising occurs, apply a cold pack to the area periodically during the first 24 hours.
- Consider adding iron-rich foods to your diet to replace the iron lost with blood donation.
- 10. Take proper Rest after donation.

Donor card can be collected after one month of the camp

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Notice(WhatsApp Message):

सुकून मिलता है पुण्य के काम में,

तो क्यों करें देरी रक्तदान में। 🙏

Attention!!! Attention!!!

Jai Hind

Hello People.....

NSS UNIT of BuntsSangha's S.M.Shetty

College of Science, Commerce and

Management Studies, Powai in collaboration with Tata Memorial Centre is organizing

"BLOOD DONATION CAMP" 💉 💉

Date: 13th August 2022

Fime: 9am to 5pm

→ Venue : Auditorium, S.M Shetty Educational Institutions, Near Jal Vayu Vihar, Powai. Mumbai – 400076

Those who all are interested in Blood Donation please register yourself.

→Registration link •:

https://forms.gle/92VSQUDirDsgR17g9

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Important Note:-

- **Our college will be taking all precautions and it will be safe to donate**
- **b** Donor Card will be given
- **Certificates will also be provided to the Donor**
- **→** Rules for Blood Donation **△**



- 1) Everyone should follow all the covid-19 guidelines.
- 2) Make sure that you have completed 14 days after vaccination, to be eligible for blood donation.
- 3) For donating blood your age should be 18+ and your weight should be more than 45 Kg. 🗱
- 4) Eat something (Proper lunch) 4 hours before donating. 4 🐸
- 5) Must have at least 6 hours of sleep.
- 6) You should not be suffering from bacterial, fungal, or any kind of disease.

For any queries contact **\(\C**:

Samay Shah: 8879874488

Mayur Shewale: 8828069553

Regards,

NSS unit of Bunts Sangha's, S.M. Shetty College, Powai

Do register and share with your family and friends

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Donate blood and be the reason for someone's existence 🔝 🔣 😊



#blooddonation #blood #donationdrive #donation #blooddonationcamp https://www.instagram.com/p/Cgyq6SYKcdr/?igshid=MDJmNzVkMjY=

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Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352

Email: college@smshettyinstitute.org

S. M. Shetty College of Science, Commerce & Management Studies, Powai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified

Report: Blood Donation Camp (August) 2022

Event: Blood Donation Camp August, 2022-2023

Date: 13th August, 2022.

Objective: To collect the maximum number of blood and raise awareness that individuals can save lives and improve the health of others by donating blood.

Highlights: The NSS UNIT of BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES in collaboration with TATA MEMORIAL CENTRE organized a Blood Donation Camp on 13th August, 2021. The Camp begins at 9 am in the morning with our first donor. Our Principal Sir Dr. Sridhara Shetty personally had a conversation with most of our Donors. At 10am Our Principal Sir and Shri. B R Shetty Sir, Dr. Satish Shetty Sir and other Management Members inaugurated the program by lighting the lamp and felicitated the Management Members with a sapling and he also felicitated the Doctors from the Tata Memorial Centre with a sapling as well as addressed the Volunteers. The Donors were provided with Refreshment after donating blood and were given Certificate and a Donor card. All the COVID-19 precautions were taken. There were 196 Blood counts and 331 registrations. The program ended with a Thank You speech by our Programme Officer Dr. Vijay Vishwakarma and Prof. John Menezes.

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Images - Blood Donation Camp (August) 2022





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PRINCIPAL

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Participation:

1. Chinmay mule	19.Pournima jagtap
2. Karthik poojary	20.Ayesha khan
3. Samay shah	21.Deepak pawar
4. Anish kotian	22.Priyanka bhadoraia
5. Prajesh	23.Rajayshree jaiswal
6. Tushar chaurasiya	24.Isha soni
7. Aman kumar singh	25.Disha boricha
8. Sohail shaikh	26.Mayur shewale
9. Shubham Yadav	27. Abhijeet patil
10.Guddu Yadav	28. Sagar Shetty
11. Nishith suvarne	29.Jainam jain
12.Tripti suvarna	30.Maqsood ali
13.Diksha poojary	31.Madur karkera
14.Pooja nikam	32.Manoj poojary
15.Sonal jadhav	33.Roshni anchan
16.Sanjiv bhappa	34.Jaya Yadav
17.Amisha Shetty	35.Swati Shetty
18.Jaya Yadav	36.Preethi Shetty

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Donors List-Blood Donation Camp 2022-23 (August)

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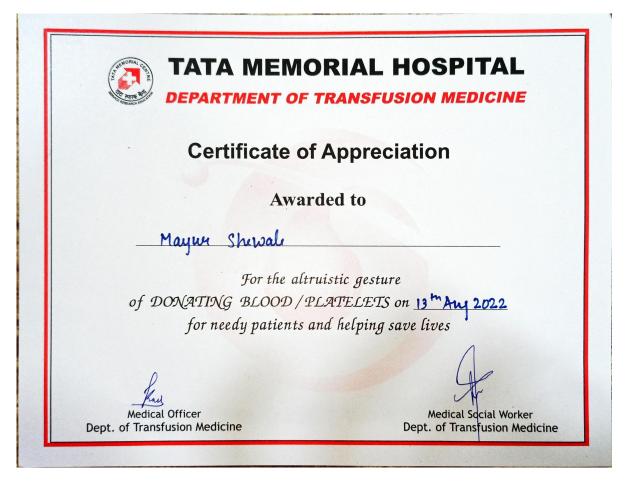
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<u>Sample Certificate – Blood Donation Camp 2022-2023</u>



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Thankyou Letter - Blood Donation Camp 2022-2023

SMS/ 13th August, 2022

To,

TATA MEMORIAL CENTRE

Respected Sir/Madam,

It was truly a pleasure to collaborate with you for our Blood Donation Camp 2022-2023 organized by the NSS Unit of our College.

On behalf of our college we'd like to thank you for the generous gift of your time, giving us your precious advice and making this Blood Donation Camp successful. Your time and dedication made it possible for smooth flow of this blood donation camp.

With Regards,

Thanking you,

Yours faithfully, Dr. Sridhara Shetty

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