

Bunts Sangha's
S. M. Shetty College of Science, Commerce & Management Studies, Powai
NAAC Accredited 'A' Grade
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

D/11/098/22-23

Report:-'5 days Leadership Training Camp 2022'

Event: '5 days Leadership Training Camp 2022'

Date: 31st October, 2022 to 4th November, 2022

Objectives: To encourage youth to develop leadership and communication skills, goal setting, time management techniques and to collaborate more effectively in teams.

Highlight: The NSS Unit of **Bunts Sangha's S M Shetty College of Science, commerce and management studies, Powai** has attended five days '**Leadership Training Camp**' Organized by University of Mumbai from 31st October, 2022 to 4th November, 2022 at Shri Swami Gagangiri Maharaj Ashram Manori Malad west.

Day 01

At 8.30 am we reached the Swami Gagangiri Maharaj Ashram, Manori and first we finished with registration work then we headed towards breakfast and snacks after that. A introductory session taken by Prof. Sushil Shinde sir (NSS district coordinator Mumbai western zone 2 & Officer on Special Duty, University Of Mumbai) formed 5 groups and gave them a task to give a name to your group and make a logo of that group but the logo and group name will be related to NSS. After this activity at 12 pm the National Anthem was started then a rally was conducted on Rashtriya Ekta diwas which is on the occasion of the birth anniversary of Sardar Vallabhbhai Patel (The Ironman Of India). Rally ended at 1.30 pm. Then lunch was given to all the participants. At 2.30 pm Sushil Sir took the introduction from each participant then the session was conducted by Rajesh Yadav sir he explained about the history of NSS. What are all regular activities and Special activities? He Also said "On 28th August 1959 Dr. Deshmukh had formed NSS (National Service Scheme), NCC(National Cadet



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Corps) and NSO(National Sports Organization)”. He has explained about the cardinal principle of NSS. On 24th September 1969 the NSS was started with 37 universities and 40000 volunteers were enrolled. In 1979-1989 the enrollment was cross to the 13.52 lakhs then some information was given about NSS moto, NSS logo, the logo represent what NSS batch remind you what the quality of the leadership to control every team, motivate the people, don't miss opportunities , connectivity with the people, Learn from your mistakes, etc. the session was informative and got many new things to learn. The Session ended by 5 pm. A small break was given till 6 pm .After the break Sushil Sir gave us a task to perform skit . Then the practice time till 8pm was given after that we had to perform the skit. All the Skits were performed by 8.30pm .Then the dinner was ready . After the dinner we were told to write a whole day report and small recall session to tell about the experience of the day. Then at 10 pm lights off .



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Day 02

At morning 6 am we woke up and freshen up then at 6.30 the day started with the National Anthem then we gone for the exercise which was taken by the Gaurav Pandey sir he is from Thakur college and at 7.30 we sang the NSS Song, prayer and few good thoughts in the start of the day, After that at 8.30 we had our breakfast. After the morning chores we all together assembled in the main hall at 10 am the every groups has introduce their group name and logo was explained they chosen this name and logo after that at 11am the Session on 'TATA Strive' was taken by Praful Sawant sir and Lucus Sadanand sir he has explain about the road safety awareness there was a 24 web series on road safety awareness after watching every web series there was a small test on that then certificate was given of that then. At 12.30pm the session was taken by the Mr. D. Carthigueane (NSS Regional Director, Pune) he is the current regional director of NSS (Maharashtra and Goa) all the RD parade selection was done by the sir he has explain about the administrative structure of youth affairs and sports. He has explained about the regular various awareness programs. He has also tell that the various stage of selection then the session was ended by 2 pm then we go for the lunch. At 3.30pm the Sushil sir gave a task to all groups to solve a puzzle. At 4.30pm the sir took the session and gave the information about the NSS unit management and to take out the activity. Telling about the members of NSS. Also explain about the Area based project, University level activity and College level activity. Discussions about the activity and various sessions were conducted like saving electricity, firefighting, civil defense, first aids training, etc. Then at 8 pm we had our dinner. After that they told us to



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write a whole day report and a small recall session to tell about the experience of the day. Then at 10 pm lights off.

Day 03

At morning 6 am we woke up, got freshen up, then at 6.30 the day started with the National Anthem then we went for the exercise which was taken by Gaurav Pandey sir at 7.45am we went for the Beach Cleanup activity. We collect plastic material, waste material, bottles, etc. The Cleanliness drive ended at 9 am then we had the NSS song, prayer and a few good thoughts. After that at 9.30am we had breakfast and a small break. At 11am there was a session taken by Bajrang Sonawade sir. He gave information about Street play, how the person has to speak, learning skills development, and learning from the things on your own. Sir has started playing games with the participants to give us information and given the basics of the street then the sir has given a task to every group to perform a street play then every group perform then we had our lunch then. At 3.30pm the Sushil sir continued their session and he explained about the special camp, how to conduct the pre-work and post work and how the schedule of the camp sir has told that in every college 50% of the enrolled volunteers goes for the camp. Requirement, allot the work, management, traveling routes, meeting schedule discuss, etc. How to start the camp. How the accounts maintained there were 5 heads of expenditure in the camp. Then sir also explained the format of the account. Then the sir explained about the camps like NRD(National Republic Day), NIC(National Integration camp), National Republic Parade Camp(NRPC), Utkarsh camp and Aawhan camp. At 8.30 we had dinner. After that they told us to write a whole day report and a small recall session to tell us about the experience of the day. Then at 10 pm we go to sleep.



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DAY 04

We woke up at 6am and by 6:30am we all had to assemble near the main gate for National Anthem with the group members and the first session for the day was Self Defense which was taken by Gaurav Pandey sir from 6:45am to 7:30 am in that session they taught us about various techniques then we all assembled in the ashram for NSS song and Prayer songs which was taken by Respected Sushil Shinde sir after that we had breakfast at 8:30am after that we took a bath between 9am to 10am. And the 2nd session from 10:30 am to 12:30pm was taken by Jagdish Sansare sir to learn how to take Skit drama for awareness and various things after that the 3rd session was taken by Aapte sir(kaka) for the topic organ donation Awareness. At 2.30 pm we went for our lunch. Before lunch we always sang a prayer song which was taught by Sushil sir. Then from 3.30 sir is given a task of storytelling and explains what we learn from the story. At 6.45pm the 4th session was taken by Sushil Shinde sir in which sir taught us many things related to leaders and a successful person. He quoted many magical words. The one which I admired the most was 'Keep a diary and a diary will keep you'. After that we had our evening breakfast at 5:30 in front of sunset which was again taken by Sushil sir the last session was also taken by Sushil sir based on the topic of accounts in which he taught us about regular account, Heads of expenditure, administrative charges and many more then he taught us about diary filling, Rules and regulations related to hours at lastly about special camp activity then we had our dinner at 8:30pm with the prayer song and after



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that their was to write whole day Report and small recall session to tell about the experience of the day. Then at 11 pm we go to sleep.

DAY 05

We woke up at 6am and by 6: 30am we all had assemble near the main gate of the ashram for the National Anthem with the group members and as it was the last day no sessions were held few hours were taken by Sushil sir for NSS song, Good thoughts , prayers etc. At 8:30 we had our breakfast after that we got a time for fresh from 10 to 11 then there was a recall session of all the 5 days then sir had given us a sheet of paper According to the college members to build a road map project for our college at last sir had given us a small sheet of paper to everyone to vote a best male camper and best female camper and the we had our lunch at 1 pm lastly felicitation program held then lastly we had one group photo together. Then the camp ended at 3:30pm.



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