

Bunts Sangha's
S.M. Shetty College of Science, Commerce & Management Studies, Powai
NAAC Accredited 'A' Grade
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

SUSTAINABLE MENSTRUATION



NSS Programme Officer



NSS Programme Officer

Criterion 3 - Research, Innovations and Extension



PRINCIPAL

Bunts Sangha's S.M. Shetty College
of Science, Commerce & Management Studies
Powai, Mumbai-400 076.
Tel. 022-6132 7352
Email: college@smshettyinstitute.org

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Approval Form: Sustainable Menstruation

Department: NSS UNIT and RRC

Program: Sustainable Menstruation

Objectives: This webinar helped the students to know basic knowledge about Menstruation

Need: This is a national level Inter-Collegiate knowledge session

Content: The NSS Unit and RRC of S.M. Shetty College had organized a national level webinar on Sustainable Menstruation.

Date: 7th September, 2021

Cost/Budget: Nil / Not Applicable

Resource Person: Ms. Sejal Sawant

Proposed by: Prof. Vijay Vishwakarma & Prof. John Menezes

Verified by: Prof. Vijay Vishwakarma

Date of Approval: 1st September, 2021



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Minutes of the Meeting: Sustainable Menstruation

Minutes of the meeting:

- To allot work to social media team and leaders.
- To discuss the documentation work.
- To allot leaders to prepare for the WhatsApp message which would be send to the other colleges
- To allot the social media team start to work on the poster and brochure for the event and update the social media platform.



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Notice (WhatsApp Message): Sustainable Menstruation

Greetings to All 🙏

The NSS UNIT And RRC of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai

Permanently Affiliated to University of Mumbai is organising a _National Level Webinar on

Sustainable menstruation

*Resource Person* - *Ms. Sejal Sawant*

She is a member of Muse Foundation and a prominent advocate for the cause of Sustainable menstruation. She is also an animal enthusiast which explains her super-sensitivity towards nature and everything related.

She has studied Mass Media and is currently pursuing Masters in Social Work with the aim to bring positive and institutional changes in the society.

📅 Date: 7th September, 2021

🕒 Time: 5 pm - 6 pm

📍 Venue: Zoom Meeting

All the participants will provided with E-Certificate

*Link for the webinar* 📎

Join Zoom Meeting

<https://us02web.zoom.us/j/84462863612?pwd=dDUraWFNRHI3b0JsRGtoUjlXcmNyZz09>

Meeting ID: 844 6286 3612

Passcode :559713

For any queries Call:

Snehal Rai - 9082362400

Sushant Shetty - 7738813869



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Brochure: Sustainable Menstruation



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NATIONAL SERVICE SCHEME
Presents
**A National Level Webinar On
Sustainable Menstruation**

**RESOURCE PERSON:**
Sejal Sawant
A MEMBER OF MUSE FOUNDATION,
A SOCIAL ACTIVIST AND
AN ANIMAL ENTHUSIAST

DATE: 7th September, 2021
TIME: 5:00pm to 6:00pm
VENUE: Zoom Meetings

E-Certificates will be provided

For any queries:
Sushant Shetty-7738813869
Snehal Rai-9082362400



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Instagram:



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Report: Sustainable Menstruation

Event: Sustainable Menstruation

Date: 7th September, 2021.

Objective: This webinar helped the students to know basic knowledge of Menstruation

Highlights: The NSS Unit and RRC of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies, Powai had organized a National Level Webinar on "Sustainable Menstruation" on 7th September 2021. The Resource Person for the webinar was Ms. Sejal Sawant

The webinar commenced with the Welcoming of Ms. Sejal Sawant (Resource Person) and the participants from our College by Our Nss Teacher In-charge Prof Miss Richa Sharma Ma'am. Further it was followed by the introduction of our Resource Person- Miss Sejal Sawant by our NSS Volunteer Ms. Mansi Choubey. Later the Resource person started with this session by explaining about Menstruation Cycle in detail. She also spoke on sanitary pads, tampons also about Eco friendly pads which will not harm our environment and prevent it from wastage.

The webinar ended with the Vote of Thanks by our NSS Volunteer Ms. Vandana Kanojiya. There were around 155 participants in the webinar.



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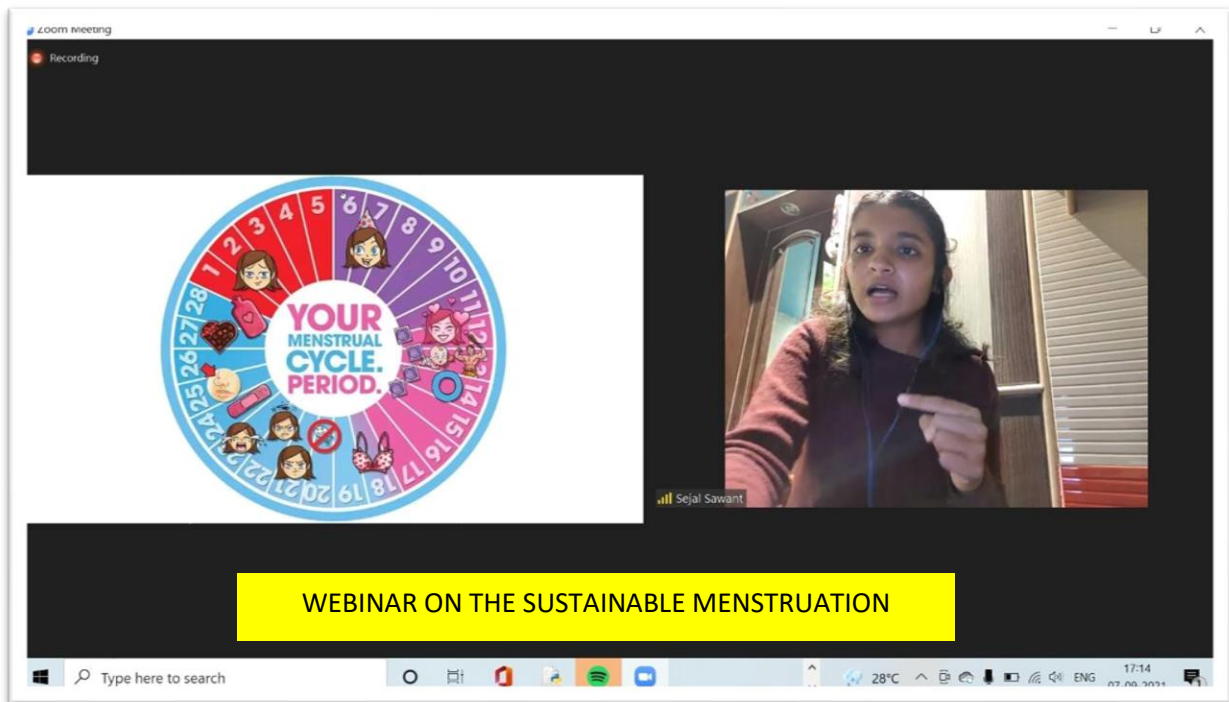
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Dijay. Krishnaswama

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John Denezis

NSS Programme Officer

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John Denezis
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A Period of Sharing
Menstruation – Education, Awareness and Sustainable Solutions

VOLUNTEERS PARTICIPATED IN HUGE NUMBER

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Certificate: Sustainable Menstruation

Participation Certificate





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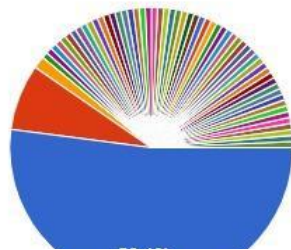
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Feedback: Sustainable Menstruation

College Name as required on Certificate (Once submitted the form no change in names will be entertained)

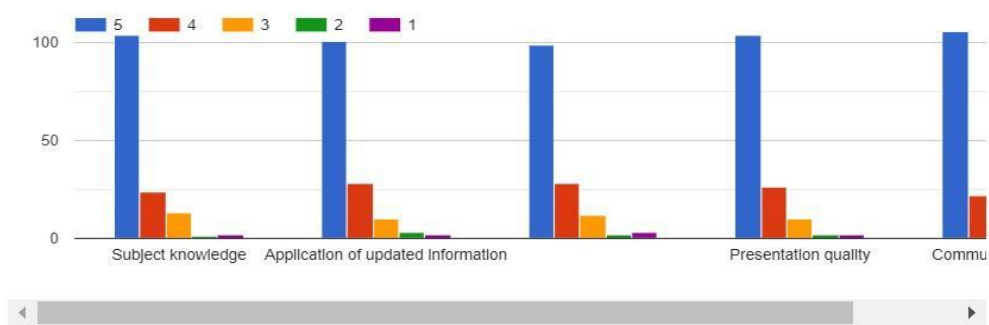


144 responses



- S.M. Shetty College
- Jai Hind College
- SIES COLLEGE OF ARTS SCIENCE...
- Jai Hind College
- SIES college of arts science and com...
- Jai Hind college
- Bhavans college
- Prahladrai Dalmia lions college of com...

Rate The Resource Person Of The Day- Ms. Sejal Sawant (1-lowest, 5-highest)



Dijay. Krishnaswama

NSS Programme Officer

John Denezis

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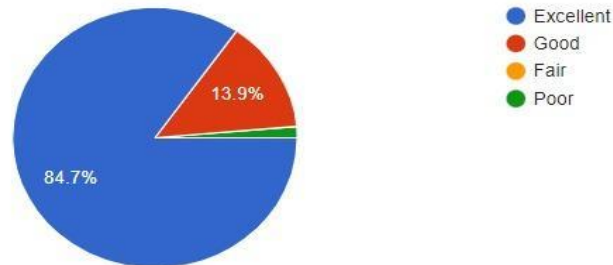
John Denezis
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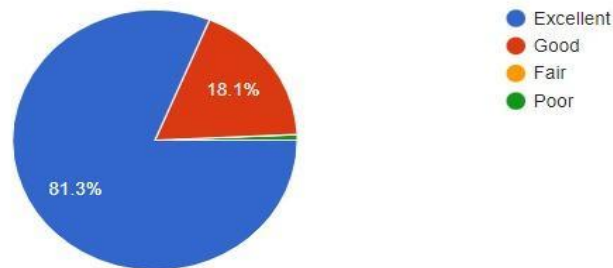
How do you rate the theme of the webinar?

144 responses



How did you find the content of the session?

144 responses



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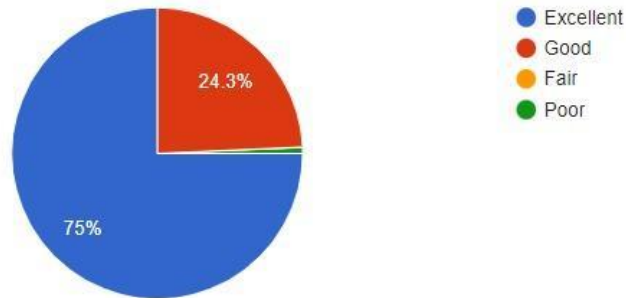
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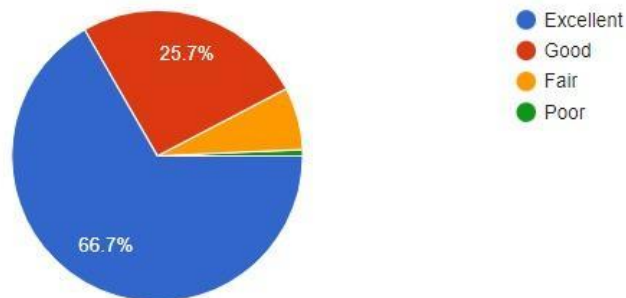
Please rate your overall knowledge level about the topic covered after attending the session

144 responses



How do you rate the time management of the webinar?

144 responses



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Thank you letter: Sustainable Menstruation

SMS/

September 7th, 2021

To,
Miss Sejal Sawant

Dear Mam,

It was truly a pleasure to have you with us as our Resource Persons for the webinar on "Sustainable Menstruation" organized by NSS UNIT And RRC of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, making people aware and also giving us your precious opinion and various other information. Your time and dedication made this Webinar successful.

With Regards,

Thanking you,

Yours faithfully,
Dr. Sridhara Shetty
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