

Bunts Sangha's  
S. M. Shetty College of Science, Management Studies, Powai  
IMC RBNQ Certificate of Merit 2019  
ISO 21001:2018 Certified

# SESSION ON CPR



**NSS Programme Officer**



**NSS Programme Officer**

Criterion 3 - Research, Innovations and Extension



PRINCIPAL

Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smshettyinstitute.org

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**Approval Form – Session on CPR**

**Department:** NSS UNIT

**Program:** session on CPR

**Objectives:** This Webinar helped the students to know about the General knowledge on CPR

**Content:** On 22th February 2022, the NSS Unit of S.M. Shetty had organize a Webinar on 'Session on CPR ' for the NSS Volunteers

**Date:** 22th February, 2022

**Cost/Budget:** Nil / Not Applicable

**Resources person:-** Ms.Sumaiya Raghavan

**Verified by:-** Dr. Vijay Vishwakarma

**Date of Approval:** 14<sup>th</sup> February, 2022



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**Minute of the meeting:- Session on CPR**

- ❖ To allot work to social media teams and leaders.
- ❖ To discuss the documentation work.
- ❖ To allot leaders to prepare for the WhatsApp message which would be sent to other colleges to participate.
- ❖ To allot a social media team start to work on the poster and brochure for the event and update the social media platform.



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**Notice (WhatsApp Message):**

Greetings to All ✨

The \*NSS UNIT\* of \*Bunts Sangha's S.M.Shetty College of Science, Commerce and management Studies, Powai Is organising \_CERTIFICATE COURSE On STUDENT DEVELOPMENT PROGRAM ON CAPACITY BUILDING\_\*

\*TOPIC- Session on CPR\*

\*Resource Person :\* \*Ms. Sumaiya Raghavan\*

\*📅 Date:- 22nd February ,2022\*

\*🕒 Time:- 1:30 PM\*

\*📍 Venue:- Zoom Meeting\*

\_\*Zoom Link\*\_ 🖱️ 📄

<https://us02web.zoom.us/j/85156512305?pwd=WXJ0TzlvMUVsaHQzdC8relNrOVBRUT09>

Meeting ID : 851 5651 2305

PaasCode: ae0Jc0

\*Certificate will be provided to all the participants only after attending all the Sessions\* 📄

For any queries Call:

Snehal Rai:- 9082362400

Sushant Shetty:- 7738813869



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**Report –session on CPR**

**Event:** Session on CPR

**Date:** 22th February, 2022

**Objective:** This Webinar helped the students to know about the General knowledge on CPR

**Highlights:** This event was organized by the NSS Unit of S.M.Shetty College Of Science, Commerce & Management Studies, Powai .The webinar started with introduction of resources person Sumaiya Raghavan - Operations Head and Anand Shrivastava- Project director From icare Holy Family Hospital Mumbai. Volunteers got to learn basic knowledge about CPR. They also explained us through a demo of human body demonstration.As they also told us about the CPR steps.Cardiopulmonary resuscitation (CPR) is a lifesaving technique that's useful in many emergencies, such as a heart attack or near drowning, in which someone's breathing or heartbeat has stopped.

The webinar ended with the vote of thanks by NSS volunteers



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<p><b>HEART ATTACK</b></p> <p>BLOCKED ARTERY</p> <p><b>A HEART ATTACK IS A CIRCULATION PROBLEM</b></p> <p>MAY OCCUR MINUTES, HOURS OR DAYS BEFORE SYMPTOMS ARE RECORDED</p> <ul style="list-style-type: none"><li>• Chest Pain</li><li>• Fatigue</li></ul>	<p><b>CARDIAC ARREST</b></p> <p>IRREGULAR HEARTBEAT</p> <p><b>CARDIAC ARREST IS AN ELECTRICAL SHORT CIRCUIT PROBLEM</b></p> <p>MAY OCCUR SEVERAL MINUTES BEFORE UNCONSCIOUSNESS &amp; COLLAPSE</p> <ul style="list-style-type: none"><li>• Collapse</li><li>• Unconscious</li></ul>
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**INTERACTIVE WEBINAR**

*Dijay. Krishnaswama*

**NSS Programme Officer**

*John Pienzo*

**NSS Programme Officer**

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*S. M. Shetty*  
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**Thank You Letter – Session on CPR**

SMS/

22th February , 2022

To,  
Ms Sumaiya Raghavan  
S.M Shetty Degree College,  
Powai.

Dear ma'am,

It was truly a pleasure to have you with us

On behalf of our college, we'd like to thank you for the generous gift of your time and making people aware about the session on CPR. Your time and dedication made this session successful.

Yours faithfully,  
Dr. Sridhara Shetty  
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