

Bunts Sangha's
S. M. Shetty College of Science, Commerce & Management Studies, Powai
NAAC Accredited 'A' Grade
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

5 DAYS LEADERSHIP TRAINING CAMP



NSS Programme Officer



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Criterion 3 - Research, Innovations and Extension



PRINCIPAL

Bunts Sangha's S.M. Shetty College
of Science, Commerce & Management Studies
Powai, Mumbai-400 076.
Tel. 022-6132 7352
Email: college@smshettyinstitute.org

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Approval Form – Webinar on '5 Days Leadership Training Camp'

Department: NSS

Program: '5 Days Leadership Training Camp'

Objectives: To encourage youth to develop leadership and communication skills, goal setting, time management techniques and to collaborate more effectively in teams.

Need: In order to build leadership quality among youth and teach them various factors of leadership.

Content: From 17th November 2021 to 21st November 2021, the NSS Unit of S.M. Shetty College had attended a five days Webinar on 'Leadership Training Camp' Organized by the University of Mumbai..

Date: 17th November 2021 to 21st November 2021

Cost/Budget: Nil / Not Applicable

Resource Person: DR. R.S. Jahagirdar, DR. Ushadevi patil, DR. L. Srinivas Reddy, DR. Jayhari . L, DR Sukanya Metta.



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Report - Webinar on '5 days Leadership Training Camp'

Event: Webinar on '5 days Leadership Training Camp'

Date: 17th November 2021 to 21st November 2021

Objective: To encourage youth to develop leadership and communication skills, goal setting, time management techniques and to collaborate more effectively in teams.

Highlights: NSS Unit of Bunts Sangha's SM Shetty College of Science, commerce and management studies, Powai has attended five days 'Leadership Training Camp' Organised by University of Mumbai from 17th November 2021 to 21st November 2021, The resource person for the webinar was DR. R.S. Jahagirdar, DR. Ushadevi patil, DR. L. Srinivas Reddy, DR. Jayhari . L, DR Sukanya Metta.

Day 1 (Emotional Intelligence)

What is leadership ?

Leadership is just an influence not more , not less it is capacity of an individual to translate a mission into reality . One of the most important quality is emotional intelligence .

Dr. R.S Jagirdar he explained about how we should deal with our mental emotion while leading a group or team . To make moments matter & leading & enabling change – managing resistance . Emotional issues are the biggest challenge for a leader to overcome in order to perform leadership .

Requirements for leadership – Emotional Intelligence , Interpersonal Intelligence , Social Intelligence , Physical Intelligence . Doing things in unity is also important .

Requirements for Team Leader – Cultural , perceptual , emotional , artificial , leading and enabling change managing resistance , agree immediately, barely comply , refuse , avoid .

“It's not just what we do , how we do it , that's make the difference”

Day 2 (Time Management)

Dr. Usha Devi Patil explained about time is explicitly managed just like money . Time management entails more than keeping calendar . Time management not the way to make your work harder but to help you work smarter to accomplish your work easier and in rapid way .



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Procrastination is a major obstacle that can prevent you from practicing good time management skills. Evaluate how are you spending your time by writing in a diary. Time is free but it's priceless .

Day 3 (Interpersonal Skills)

Dr. L.Srinivas Reddy explained about Interpersonal skills help develop communication and build relationships with others. People who worked on developing strong interpersonal skills are more successful in their professional and personal life.

Leadership is an interpersonal skill that one who can inspire and take charge when work needs to be finished. Positivity in leadership can help others keeping their stress level down and generating feeling of optimism throughout the place.

Negotiation is an interaction which 2 or more people engage in discussion to come to a shared agreement.

Day 4 (Increasing self-worth)

Dr. Jayhari.L explained about Self-worth v/s self esteem

Meaning of self-worth – A feeling that you are a good person who deserves to be treated with respect. Meaning of self-esteem -- Self-esteem is what we think and feel and believe about ourselves. Self-worth is recognizing 'I am greater than all of those things.

Theory of self-worth – 4 main elements of self-worth model- ability, performance, effort, self-worth. Improving self-worth – identify and challenge your negative beliefs, identify the positive about yourself, built positive relationships and avoid negative ones, give yourself a break.

Increasing self-worth- benefits, positive thinking, conquer your inner critic etc. Improving for self-worthy- become more assertive and learn to say no, improve your physical health, take on challenges.



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Day 5 (How to become a good leader)

Dr. Sukanya Mehta explained about A leader is the one authority, the person who persuade others to follow the directions. Making smart and tough decision, communicating with a clear vision and reaching the goals are all the part of leadership. Integrity is the foundation of good leadership. Innovative people are always open to new ideas and discussion. Honesty is a quality that is expected from the leader.

Active listening is an excellent quality when it comes to leadership. Self-confidence is critical for leadership because it gives wings to risks. A visionary leader is far sighted and driven and inspires by what company can become

An effective leader known how to put across his message articulately. The ability to delegate effectively is a great leadership quality. Great leaders are decisive and know how make decisions that helps the organization.

When it comes to effective leadership, problem solving skills is very crucial. Great leaders are unbiased and fair to the employees. An inquisitive leader will always find the new way to build a healthy future. Leader who are self-motivated evolve and improve continuously. Humble leaders make the best leaders.



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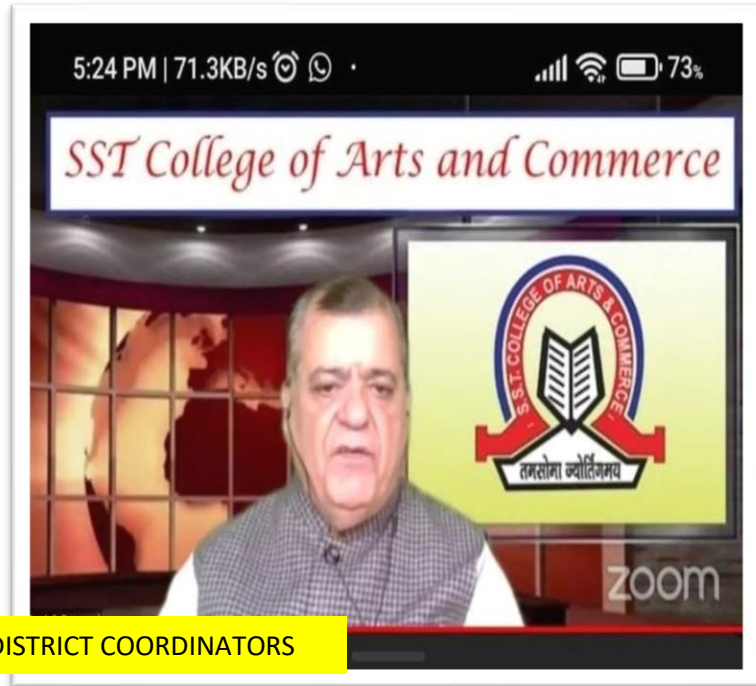
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TRAINING SESSION BY THE DISTRICT COORDINATORS

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