## Bunts Sangha's S. M. Shetty College of Science, Commerce & Management Studies, Powai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified

# BLOOD DONATION CAMP 2021-22

**NSS Programme Officer** 

**NSS Programme Officer** 

Criterion 3 - Research, Innovations and Extension

S. M. Shetty College of Science, Commerce & Management Studies, Powai

NAAC Accredited 'A' Grade

**IMC RBNO Certificate of Merit 2019** 

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Approval Form – Blood Donation Camp 2021-2022

**Department:** NSS UNIT

**Program:** Blood Donation 2021-2022.

**Objectives:** To collect blood from the individual and raise awareness that individuals can save

lives and improve the health of others by donating blood. To encourage people to donate blood

voluntarily without compensation. To support the operation of safe and reliable blood services.

**Need:** Blood Collected from this camp can help in treating patients suffering from cancer,

bleeding disorders and various other problems.

Content: The blood donation camp is organized by the NSS Unit of our college in

collaboration with Tata Memorial Centre. The blood donation started at 9:00 am till 5:00pm.

The donor who came to donate blood had their hemoglobin test were done and other routine

check ups were done. The donors were given refreshment and a donor card and were facilitated

with a certificate and a sapling.

Judge: NA

Date: 08th January, 2021

Cost/Budget: NA.

**Proposed by:** Mr. Sushant Shetty & Ms. Snehal Rai.

Verified by: Prof. Vijay Vishwakarma & Prof. John Menezes.

**Date of Approval:** 2<sup>nd</sup> January, 2021

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PRINCIPAL Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352

Email: college@smshettyinstitute.org

## S. M. Shetty College of Science, Commerce & Management Studies, Powai NAAC Accredited 'A' Grade IMC RBNQ Certificate of Merit 2019 ISO 21001:2018 Certified

#### Minutes of the meeting

There were 3 meetings that took place on the zoom app before the event and 1 meeting that took place after the event.

#### 1. <u>1<sup>st</sup> Meeting – 25<sup>th</sup> December, 2021</u>

- ➤ Discussed about organizing blood donation camp 2021-2022
- > Planned about dates and timing for the blood donation.
- ➤ The leaders work on the sample message that would be sent to other colleges for participation.
- > Started preparing pre-registration forms, which can be circulated along with the message.
- > The social media teamwork on the social media poster and brochure for the event.

#### 2. 2<sup>nd</sup> Meeting – 1<sup>st</sup> January, 2021

- ➤ Planned about how to manage the crowd, how to maintain social distancing and take all the Covid-19 precautions.
- > Formed a Public Relations team and allotted them with contact numbers to call.
- ➤ Planned how to do social media promotion and how to reach the maximum number of people through social media.
- > Formed a WhatsApp group for the pre-registered people.

#### 3. $3^{rd}$ Meeting – $6^{th}$ January, 2021

- ➤ Made a list of volunteers who will be coming for the blood donation camp.
- ➤ Made allotment of Security team, PR team, Refreshment team, Certificate Team and Registration team.
- ➤ Decided the volunteers' dress code.

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#### **Brochure/Poster**



Bunts Healthcare Committee, Bunts Sangha Mumbai, Think Foundation & Bunts Regional Committee Andheri - Bandra





## NSS UNIT



**BUNTS SANGHA'S** 

S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT STUDIES, POWAI, MUMBAI-76

### BLOOD DONATION CAMP

An Appeal to all Students, Parents, Teaching and Non - Teaching Staff to come forward and donate blood as there is an acute shortage of blood and blood products in Mumbai due to the fear of illness and restrictions imposed by the government to control the pandemic. This is an opportunity for all of us to fulfill our social responsibility and to show our humanity.

Date: 8th January, 2022

Time: 9:00 am to 5:00 pm

Venue: S. M Shetty Educational Institute Auditorium, Powai. Scan here and register yourselves now!



Certificate and Donor Card Will Be Provided

Snehal Rai-9082362400

Sushant Shetty- 7738813869

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#### Blood Donation General Requirements:

- Age: 18 to 60 years (up to 65 years if donating regularly).
- · Weight: 45 kgs or More.
- Hemoglobin at least 12.5 gm/dl.

#### Precautions before donation:

- Should have eaten something within 4 hours prior to donation.
- · Should have slept well for at least 6 hours, within 24 hours before donation.
- Should not have smoked within 4 hours prior to donation.
- Should not have consumed alcohol within 24 hours prior to donation.
- Should not have undergone tattooing or body piercing within 12 months.
- Do not wear clothes with tight sleeves on the upper arm.

#### Post-donation care:

- Take more fluids orally than usual in the next 4 hours like fruit juices, water.
- Do not smoke for 30 minutes after donation.
- Do not stand in direct sunlight for long.
- Do not take alcohol for the next 24 hours.
- Avoid driving any vehicle for 1 to 2 hours
- Avoid any heavy strenuous activity for that day like jogging, workout like heavy weight lifting in the gymnasium, etc.
- If there is bleeding from the phlebotomy site, raise arm and apply pressure at the site.
- Remove bandage 5-6 hours after donation.

#### Additional points in the current COVID situation:

- Donors need to wear a mask properly covering the nose and mouth from the time they enter the 'Camp Site' to the time they exit, except when they are having refreshments.
- · Donors need to use hand sanitizer available at the entrance of the 'Camp Site'.
- · They should follow proper physical distancing norms for their and others' safety.
- Avoid 'Camp Site' visit if your family members or colleagues with whom you share workplace had a cough, cold, or fever in the past I month.
- Avoid 'Camp Site' visit if you or your family member were admitted or under home isolation in the past 28 days.
- One is eligible to donate blood 14 days after COVID vaccination.

#### It's Safe to Donate Our College will be taking all the Covid-19 precautions

"A single pint of blood can save three lives, a single gesture can create million smiles."

Certificate and Donor Card Will Be Provided

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#### Notice (Whatsham Mass

Notice (WhatsApp Message):
रक्तदान सबसे बड़ा दान,
जो है एक पुण्य का काम.
"A single pint of blood can save three lives, a single gesture can create million smiles."
Attention!!! Attention!!!◀»◀»
Jai Hind
Hello People
NSS UNIT of Bunts Sangha's S.M.Shetty
College of Science, Commerce and
Management Studies, Powai in collaboration
with Bunts Healthcare Committee, Bunts Sangha Mumbai and
THINK Foundation in association with the Bunts Regional Comittee Andheri - Bandra is organising a
"BLOOD DONATION CAMP" 🗳 🗳
Date: 8th January 2022
Time: 9am to 5pm
$\  \   \  \  $ Venue : Auditorium, S.M Shetty Educational Institutions, Near Jal Vayu Vihar, Powai. Mumbai $-400076$
Those who all are interested in Blood Donation register yourself.
Registration link https://docs.google.com/forms/d/136tVYGH9Tpl-IOqW68JxtcnlPEocYbtAXgQHwbj24jw/edit?usp=sharing

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Important Note:- <b>S</b>
$\Box$ Our college will be taking all precautions and it will be safe to donate.
□ Donor Card will be given.
☐ Certificates will also be provided to the Donor.
→ Rules for Blood Donation □ □
1) Everyone should follow all the covid-19 guidelines.
2) Make sure that you have completed 14 days after vaccination, to be eligible for blood donation.
3) For donating blood your age should be 18+ and your weight should be more than 45 Kg
4) Eat something (Proper lunch ) 4 hours before donating.
5) Must have at least 6 hours of sleep.
6) You should not be suffering from bacterial, fungal, or any kind of disease. $\Diamond$
For any queries contact :
Snehal Rai - 9082362400
Sushant Shetty - 7738813869
Mansi Choubey - 8369385057
Regards,
NSS unit of Bunts Sangha's, S.M.Shetty College, Powai
Do register and share with your family and friends Kindly follow the instructions

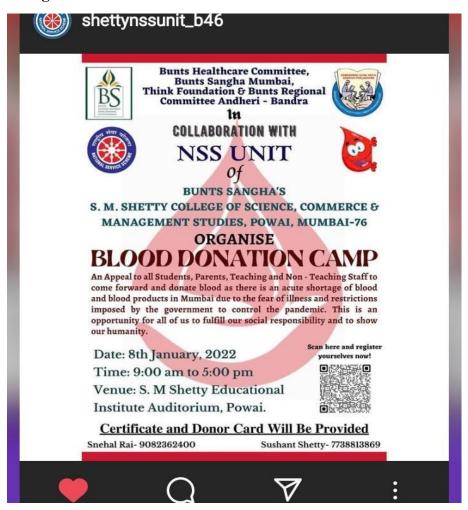
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#### **Instagram:**



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#### Report - Blood Donation Camp

**Event: Blood Donation Camp 2020-2021** 

Date: 08<sup>th</sup> January, 2022.

**Objective:** To collect the maximum number of blood and raise awareness that individuals can save lives and improve the health of others by donating blood.

Highlights: The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce, and Management Studies in Powai, in collaboration with Bunts Healthcare Committee, Bunts

Sangha Mumbai, and Bunts Regional Committee Andheri-Bandra, organised a "Blood Donation Camp" on 8th January, 2022. The camp began at 9:00 p.m. with an inaugural ceremony led by members of the Bunts Sangha Committee. The camp was organised in collaboration with two blood banks, Tata Memorial Centre and J.J. Hospital. A total of 209 people showed up to donate blood, obtaining 134 blood units. The event was a huge success, and it concluded at 5:00 p.m. with a day-end speech by our programme officers, Dr. Vijay

Vishwakarma and Prof. John Menezes, sir.

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#### Sample Certificate



#### **Certificate of Appreciation**

Awarded to

Sushant . R. Shetty

For the altruistic gesture of DONATING BLOOD / PLATELETS on 16/1/2021 for needy patients and helping save lives

Medical Officer Dept. of Transfusion Medicine

Medical Social Worker Dept. of Transfusion Medicine

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