

**Bunts Sangha's**  
**S. M. Shetty College of Science, Commerce & Management Studies, Powai**  
**NAAC Re-Accredited With A+ Grade, 2nd Cycle**  
**IMC RBNQ Certificate of Merit 2019**  
**ISO 21001:2018 Certified**

**Approval Form –Door to Door Awareness on Menstrual Hygiene at Sangharsh Nagar.**

**Department:** NSS UNIT

**Program:** Door to Door awareness on Menstrual Hygiene at Sangharsh Nagar.

**Objectives:** To inform and aware people of Menstrual hygiene, and care that is mandatory to be taken on menstruation days.

**Need:** To reach out to individuals directly in their homes and provide information about Menstrual Hygiene.

**Content:** Our volunteers visited houses in the adopted area and spread the right information about menstruation and the significant measures to be taken.

**Judge:** NA

**Date:** 11<sup>th</sup> September, 2023.

**Cost/Budget:** NA.

**Proposed by:** Dr. Vijay Vishwakarma

**Verified by:** Dr. Vijay Vishwakarma.

**Date of Approval:** 30<sup>th</sup> August, 2023.

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**Notice (WhatsApp):**

Jai Hind

The NSS UNIT of Bunts Sangha's S.M. Shetty College of Science, Commerce  
and Management Studies, Powai.

Is presenting

Door to Door Awareness  
On Menstrual Cycle and Hygiene

Need 10 Girls Volunteer

Interested Volunteers can Join this Group  
<https://chat.whatsapp.com/Hy2LM7BsajwI4BACBIBtQm>

Date: 9th September, 2023

Time: 12:15pm

Venue: Sangharsh Nagar

Any Queries Contact

Zai: 8928650996

Prajesh: 8082402117

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**Minutes of the Meeting :- Door to Door Awareness on Menstrual Hygiene**  
**at Sangharsh Nagar.**

There was an online meet taken on Zoom Platform.

**1<sup>st</sup> Meeting on 10<sup>th</sup> September, 2023.**

- Volunteers should follow the instructions.
- Volunteers were told reporting time and some basic information about the activity
- The Volunteers were guided by the rules and regulation

**Report: Door to Door Awareness on Menstrual Hygiene at Sangharsh**  
**Nagar.**

**Event:** Door to Door awareness on Menstrual Hygiene at Sangharsh Nagar.

**Date:** 11<sup>th</sup> September, 2023.

**Objectives:** To inform and aware people of the Menstrual hygiene, and care that is mandatory to be taken on menstruation days.

**Highlight:** The NSS unit of S.M. Shetty College of Science, Commerce and Arts, Management Studies, Powai has organized Door to Door awareness on Menstrual Hygiene at Sangharsh Nagar. Volunteers play a crucial role in educating community members, especially women and young girls, about menstrual hygiene. This includes explaining the importance of maintaining hygiene during menstruation, dispelling myths and misconceptions, and discussing proper menstrual hygiene practices. Due to Door To Door Awareness awareness is spread in a better way. This helps remove the stigma around these products and shows how they should be used among the locals.

**Total Number Of Volunteers: 7**

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**Photos:**



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**Participant List:**

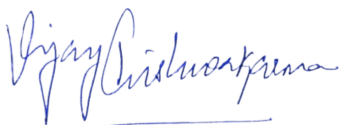
Activity : Door to Door Menstrual Hygiene  
Sangharsh Nagar.  
Date : 11/09/23

SR NO.	Name	Roll no.	Class	M / F
1	Prayesh Prabhakar Gurav	27	SYBCOM	M
2	Princy Kon	45	FYBCOM	F
3	Sakshi Kamble	25	FYIT	F
4	Ratnavali Chaurasia	10	SYBCOM	F
5	Vanshita Ghodke	09	SYDS	F
6	Vaibhavi Vijay Rathod	37	SYBAF	F
7	Anshika Yadav	66	SYBAF	F

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**Action Taken Report Of Door to Door Awareness on Menstrual Hygiene at**  
**Sangharsh Nagar.**

<b>Date</b>	<b>Feedback Received</b>	<b>Suggestions Provided</b>
11 <sup>th</sup> September, 2023.	Feedback received on all the volunteers and audience was highly positive and encouraging. Suggestions were received regarding conducting more such events in the future.	More such activities should be done for well-being of society and to spread awareness about their Menstrual Health.



**NSS Programme Officer**



**Principal**