<u> Approval Form – Eat Right India - Millet Mela Seminar</u>

Department: NSS UNIT

Program: Eat Right India - Millet Mela Seminar

Objectives: To offer insights of millet-based foods acceptance, health advantages, and potential market feasibility.

Need: To promote healthy eating habits and improve the overall nutritional status of people in India.

Content: Nourishing our bodies with the right kinds of food and making healthier choices.

Judge: NA

Date: 20th December, 2023

Cost/Budget: NA.

Proposed by: Dr. Vijay Vishwakarma

Verified by: Dr. Vijay Vishwakarma & Prof. John Menezes.

Date of Approval: 13th December, 2023.

Notice (WhatsApp):

Jai Hind

The NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies, Powai

Is Organizing

"Eat Right India"- Millet Mela & Walkathon

In Collaboration with

Food and Drug Administration Dept, Mumbai Division, Government of Maharashtra

Topics:-

1. To promote health, nutrition, and food safety awareness.

2. Food Safety Protocols.

3. Significance of Millet in one's life.

There will be a Rally within the College Campus on Food Safety followed by the session.

STUDENTS & VOLUNTEERS DO PARTICIPATE IN THE RALLY AND SESSION

Attendance will be provided for the same

Date: 21st December 2023

Time: 10:15 a.m. onwards

Venue: A.V. Room, 6th Floor

For Any Queries:-

Simranpreet Kaur - 7666991444

Mayur Shewale - 8828069553

Minutes of the meeting:- Eat Right India - Millet Mela Seminar

There was an online meet taken on Zoom Platform.

<u>1st Meeting on 19th December, 2023.</u>

- □ Volunteers should follow the instructions.
- □ Volunteers were told reporting time and some basic information about the activity
- \Box The Volunteers were guided with the rules and regulation

Report: Eat Right India - Millet Mela Seminar

Event: Eat Right India - Millet Mela Seminar

Date: 20th December, 2023.

Objectives: To offer insights of millet-based foods acceptance, health advantages, and potential market feasibility.

Highlight: The NSS unit of S.M. Shetty College of Science, Commerce and Arts, Management Studies, Powai, has conducted a study that examines various aspects of millet-based foods. The study includes an analysis of their nutritional value, participants' perception of their taste, and consumer attitudes towards them. The research aims to highlight the health benefits of consuming millets, such as managing diabetes, aiding weight management, and overall well-being. Additionally, the study evaluates the market potential of millet-based foods by considering consumer interest, emerging trends, and the feasibility of commercial production and distribution. By synthesizing comprehensive data on these aspects, the report aims to provide valuable insights and strategic recommendations. These recommendations aim to improve the formulations of millet-based foods, devise effective marketing strategies, and encourage potential collaborations. Ultimately, the report aims to promote the adoption of millet-based foods as a healthier lifestyle choice, emphasizing their nutritional richness and culinary appeal.

Total Number of Volunteers-52

Photos:



Participants list:

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Action Taken Report Of Eat Right India - Millet Mela Seminar

Date	Feedback Received	Suggestions Provided
20 th December, 2023.	Feedback received on all the volunteers and audience was highly positive and encouraging. Suggestions were received regarding conducting more such events in the future.	More sessions should be conducted to learn about healthy food and diet.

Vijay Virduortpena

NSS Programme Officer

Principal