

Bunts Sangha's
S. M. Shetty College of Science, Commerce & Management Studies, Powai
NAAC Re-Accredited With A+ Grade, 2nd Cycle
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

Approval Form – MOVIE SCREENING ON MENTAL HEALTH ON
THE OCCASION OF WORLD MENTAL HEALTH DAY

Department: NSS UNIT

Program: Movie screening on mental health.

Objectives: To raise awareness, reduce stigma, and promote understanding and empathy towards mental health issues.

Need: To create awareness, reduce stigma, and promote understanding.

Content: Short Films or documentaries that explore different aspects of mental health.

Judge: NA

Date: 10th October, 2023

Cost/Budget: NA.

Proposed by: Dr. Vijay Vishwakarma.

Verified by: Dr. Vijay Vishwakarma.

Date of Approval: 03rd October, 2023

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Notice (WhatsApp):

Jai Hind

The NSS UNIT of Bunts Sangha's S M Shetty College of Science, Commerce
and Management Studies, Powai

Present

Movie Screening

On the Occasion of

World Mental Health Day

Join us on Mental Health Day for an empowering session dedicated to nurturing
your well-being.

Date : 10th October, 2023

Time: 11.30am Onwards

Venue: AV Room

For any Queries:

Sumit Yadav: 97023 24081

Riddhima Pal: 9136090595

Minutes of the meeting:- MOVIE SCREENING ON MENTAL HEALTH
ON THE OCCASION OF WORLD MENTAL HEALTH DAY

There was an online meeting taken on the Zoom Platform.

1st Meeting on 09th October, 2023.

- Volunteers should follow the instructions.
- Volunteers were told reporting time and some basic information about the activity
- The Volunteers were guided with the rules and regulation

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Report: MOVIE SCREENING ON MENTAL HEALTH ON THE
OCCASION OF WORLD MENTAL HEALTH DAY

Event: Movie Screening On Mental Health.

Date: 10th October, 2023.

Objectives: To raise awareness, reduce stigma, and promote understanding and empathy towards mental health issues.

Highlight: The NSS unit of S.M. Shetty College of Science, Commerce and Arts, Management Studies, Powai has organized a Movie Screening on mental health on the occasion of World Mental Health Day. A short documentary was shown to the volunteers. The documentary includes information about students facing the problem of anxiety, depression etc. to avoid such signs this short film was made. Too aware of the situations and how to handle them shown in the film. By watching movies that explore different mental health topics, students can gain a better understanding of common challenges.

Total Number Of Volunteers-39

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Photos:



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Participants list:

Activity - Movie Screening on the Occasion of
World Mental Health Day
Date: 10/10/23

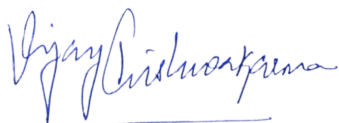
M-25
F-14
T-39

Sr. No	Name	Class	Roll No.	M/F
01.	Hardik Dhanawade	FyBscit	116	M
02.	Anya Dhokare	FyBscit	117	M
03.	Abhishek Uroda	FyBcom	81	M
04.	Abhishek sherkar	FyDs	73	M
05.	Disha P. Boricha	TyBcom	136	F
06.	Amrta Nayak	FyBcom/A	57	F
07.	Janhvi Singh	FyBaf	87	F
08.	Sunil Yadav	FyDs	70	M
09.	Shruti Parab	FyBcom	73	F
10.	Sanjiv Bhappa	TyBcom	133	M
11.	Mrunmali Phadnis	FyBscit	146	F
12.	Aditya Zalte	FyDs	55	M
13.	Elvis Concesso	FyDs	7	M
14.	Riddhima Pal	FyBMS-A	40	F
15.	Saanvi Poojari	FyBMS B	105	F
16.	Tanmay Shetty	FyBscit-B	173	M
17.	Aparna Singh	TyBcom-B	170	M
18.	Simran Gupta	FyBscit-A	19	F
19.	Sakshi Kamble	FyBscit-A	25	F
20.	Ankit Vishwakarma	FyBscit-B	181	M
21.	Pooja Vishwakarma	"	182	M
22.	Neeraj Yadav	"	183	M
23.	Kuldeep Singh	"	196	M
24.	Suroj Patil	"	144	M
25.	Tanishq Shetty	FyBMS-A	62	M
26.	Pratham Poojari	FyBMS-A	67	M
27.	Prashant Bhivare	FyBMS-C	59	M
28.	Abhishek Budala	FyBscit	110	M
29.	Ruith Shetty	FyBscit	166	M
30.	Prajna Surkarna	FyBBI	66	F
31.	Komal Jain	FyBMS-C	56	F
32.	Neha Salian	FyBMS	111	F
33.	Palasa Konda	FyBscit	131	F
34.				
34.	Prashant Dubey	SYBcom	130	M
35.	Sham Raji	SYBcom	73	M
36.	Sanjana Yadav	SYBcom	93	F
37.	Anam Singh	SYBcom	85	M
38.	Aditya Patil	FyBscit	74	M
39.	Pranjali Gera	SYBcom	27	M

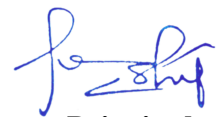
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Action Taken Report Of MOVIE SCREENING ON MENTAL HEALTH
ON THE OCCASION OF WORLD MENTAL HEALTH DAY

Date	Feedback Received	Suggestions Provided
10 th October, 2023.	Feedback received from all the volunteers and audience was highly positive and encouraging. Suggestions were received regarding conducting more such events in the future.	More such activities should be done to avoid depression and distraction.



NSS Programme Officer



Principal