

Bunts Sangha's
S. M. Shetty College of Science, Commerce & Management Studies, Powai
NAAC Re-Accredited With A+ Grade, 2nd Cycle
IMC RBNQ Certificate of Merit 2019
ISO 21001:2018 Certified

Approval Form – Self Defence at Hiranandani cha Raja.

Department: NSS UNIT

Program: Self Defence at Hiranandani cha Raja.

Objectives: To learn techniques for personal safety and empower individuals to protect themselves.

Need: To protect oneself and increase confidence in challenging situations.

Content: To learn techniques like striking, blocking, and escaping from dangerous situations.

Judge: NA

Date: 26th September, 2023

Cost/Budget: NA.

Proposed by: Dr. Vijay Vishwakarma

Verified by: Dr. Vijay Vishwakarma.

Date of Approval: 19th September, 2023.

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Notice (WhatsApp):

Jai Hind

The NSS UNIT of Bunts Sangha's S.M.Shetty College of Science, Commerce
and Management Studies, Powai

Organizes

SELF DEFENCE AT HIRANANDANI CHA RAJA

Date: 26th September, 2023

Time: 2:00 pm

Venue: Powai Hiranandani

The Interested one can join the group by the link given below

<https://chat.whatsapp.com/Dz4dxzX1pMWLsLQdIOxF9N>

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Minutes of the meeting:- Self-defense at Hiranandani cha Raja.

There was an online meeting taken on the Zoom platform.

1st Meeting on 25th September 2023.

- Volunteers followed the instructions.
- Volunteers were told about the reporting time and some basic information about the activity
- The Volunteers were guided by the rules and regulation

Report: Self Defence at Hiranandani cha Raja.

Event: Self Defence at Hiranandani cha Raja.

Date: 26th September, 2023.

Objectives: To learn techniques for personal safety and empower individuals to protect themselves.

Highlight: The NSS unit of S.M. Shetty College of Science, Commerce and Management Studies, Powai in collaboration with Hiranandani cha Raja has organized a self-defence session. The session started at 2 p.m. Firstly Sir guided us with basic knowledge about martial arts and self-defence. The significance of science and techniques was demonstrated. Afterward, the volunteers were allowed to showcase their skills. Sir told us about the skills and techniques that should be implemented in dangerous conditions. It was a really fun and important session for all of us.

Total no of volunteers: 19

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Photos:



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Participants list:

Activity: Self Defence at Hiranandani
Date: 26/01/23


SR No.	Name	Class	Roll No.	M/F
1	Tanmay Shetty	FYIT		M
2	Abuter Khan	FYDS		M
3	Vikal Prayapati	FYBB1		M
4	Tanishq Shetty	FYBMS		M
5	Aman Singh	SYBCOM		M
6	Sanjana Yadav	SYBCOM		F
7	Ankit Vishwakarma	FYIT		M
8	Riddhima Pal	FYBMS		F
9	Aakash	FYDS		M
10	Manoj Poojary	SYIT		M
11	Arya Dhakare	FYIT		M
12	Sakshi Kambli	FYIT		F
13	Abhishek Tiwari	FYIT		M
14	Aaditya Zate	FYDS		M
15	Tushar Chaurasia	TYBCOM		M
16	Saanvi Poojari	FYBMS		F
17	Prayna Surarna	FYBB1		F
18	Vinay Dalvi	FYBB1		M
19	Sanjiv Bhappa	TYBCOM		M

M: 14 F: 5
Total: 19.


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Action Taken Report Of Self Defence at Hiranandani cha Raja.

Date	Feedback Received	Suggestions Provided
26 th September, 2023	Feedback received from all the students and volunteers was highly positive and encouraging. Suggestions were received regarding conducting more such activities in the future.	More such activities should be done to get information about self-defense.



NSS Programme Officer



Principal