# BUNTS SANGHA'S S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT STUDIES, POWAI. NAAC ACCREDITED 'A' GRADE ISO 9001:2015 CERTIFIED IMC RBNQ CERTIFICATE OF MERIT 2019

### 7 Days Residential Camp.

**NSS Programme Officer** 

**NSS Programme Officer** 

Criterion 3 - Research, Innovations and Extension

Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352

### **Approval form- 7 Days Residential Camp.**

**IMC RBNO CERTIFICATE OF MERIT 2019** 

**Department:** NSS Unit.

**Program:** 7 Days Residential Camp (Ankharpada, Mhaskal, Titwala(E)).

**Objectives:** To provide Volunteers with the opportunity to work together in different circumstance and unitedly to do welfare for the society this will nurture experiential education, build intergenerational relationships and result in a different style of learning.

**Need:** It is important to take Volunteer for a residential camp where they can learn how to adjust themselves in different conditions and come out of their comfort zone. Also, by taking Volunteer to a remote village area will help them to under about the condition of the rural area and what are the problems they are facing so that they can do something for those people.

**Content:** The NSS Unit of SM. Shetty College of Science, Commerce & Management Studies, Powai organized 7 days "Residential Camp" from 29<sup>th</sup> December,2019 to 4<sup>th</sup> January,2020 at Ankharpada, Mhaskal, Titwala(E). Total number of 59 Volunteers (24Boys & 35girls) participated in the camp.

Date: 29th December, 2019 to 4th January, 2020.

Cost/Budget: Proposed by:

Verified by: Prof. Vijay Vishwakarma & Prof. John Menezes.

**Date of Approval:** 20<sup>th</sup> December, 2019

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### Minutes of the meeting – 7 Days Residential Camp.

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There were 3 meetings that took place in college before the camp and 1 meeting that took place after the visiting the camp site.

### 1<sup>st</sup> Meeting –20th December, 2019

- ➤ Discussed with leaders of visiting a 7 Days Residential Camp.
- > Planned about dates of the camp
- ➤ The leaders were asked to select volunteers, to be taken to camp.
- ➤ Pre visit to camp location was planned.
- > Approval of the conducting camp was taken.

### 2<sup>nd</sup> Meeting – 22nd December, 2019

- > Planned about how to set up the camp site.
- ➤ Things to be taken to the camp were listed out.
- > 7 days schedule was planned.
- > A kitchen team was set up for each day.

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### 3<sup>rd</sup> Meeting – 25th December, 2019

- > Banner for the camp was prepared
- > Gifts were purchased for the children in the camp site.
- > Annual day for the children in camp site was scheduled.
- > Few things needed in camp was send.
- ➤ Meeting was conducted with the volunteers regarding things to be carried in the camp and regarding behavioral in the camp site.

#### 4th Meeting – 28th December, 2019

- ➤ Meeting was taken at camp site regarding set upping the camp site.
- ➤ Work distribution was done
- ➤ Schedule of the 7 days was informed to volunteers.
- ➤ Kitchen team of the day were asked to prepare food.

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### Notice (WhatsApp) – 7 Days Residential Camp.

The NSS Unit of Bunts Sangha S. M. Shetty College, Powai is conducting a camp.

Date: 29th December 2019 till 4th January 2020.

Venue:- Titwala

Total 75 volunteers will be allowed and the first preference will be given to the students of SY who didn't attend the camp last year and the FYs who are interested can come.

Regarding the same a meeting will be conducted there tomorrow at 12:30 PM the venue will be updated on the group.

Dear Volunteers,

As per the Directions from NSS, University of Mumbai,

Every volunteer have to compulsorily complete 240 hours + 1 Residential camp of 7 days,

So those volunteers who are in second year of NSS and has not completed Regular camp they have to compulsorily attend the camp. And balance will be from FY.

So tomorrow at any cost I want the names and forms, as I need to send the same to the university at the earliest.

Total volunteers required for the camp is 75

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#### Report- 7 Days Residential Camp.

**Event: 7 Days Residential Camp.** 

**Date:** 29<sup>th</sup> December, 2021 to 4<sup>th</sup> January, 2020.

**Objectives:** To provide Volunteers with the opportunity to work together in different circumstance and unitedly to do welfare for the society this will nurture experiential education, build intergenerational relationships and result in a different style of learning.

**Highlight:** The NSS Unit of SM. Shetty College of Science, Commerce & Management Studies, Powai has successfully completed 7 days "Residential Camp" from 29<sup>th</sup> December,2019 to 4<sup>th</sup> January,2020 at Ankharpada, Mhaskal, Titwala(E). Total number of 59 volunteers (24Boys & 35girls) participated in the camp.

**Day 1**: Volunteers reached the campsite by 11pm and started with camp setting ,NSS Flag was been hoisted as by declaring the camp open. University song was sung by the volunteers and then the camp schedule for the 7 days was been recited by the programme officer after that the volunteers cleaned the campsite and had lunch. Volunteers then had session on <u>"Street play"</u> by <u>"Mr. Harshal Suryavanshi"</u> volunteers were divided into 6 groups and were advised to prepare street plays on the theme "Women Empowerment, Health & Hygiene and Education so as to present it on the cultural day and spread awareness related to the same.

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Day 2: Volunteers woke up as per the scheduled explained to them and went for jogging, exercise and yoga session, after the completion of morning schedule they were instructed about the rules and regulations to be taken care of at the time of activity and then went for the activity in the village. Cleaning and Beautification of the village was been scheduled on the day. Volunteers cleaned the village and helped the villagers for their selvage related issues by making a proper path for their waste water which were getting choked. These works of volunteers were appreciated by the villagers as well as by the sarpanch and even some of the villagers voluntarily came and worked with us. After that a session on "How to create your own space in this competitive world" was taken by "Mr. Deepak Khanolkar" it was a mind opening session for the volunteers which gave them a proper guideline for their future. Volunteers actively participated in the session and had a wonderful experience which is definitely helpful to them in their future. The other session was taken by the teaching faculty from the college "Adv. Hamid Khan" on "Women Rights" which was indeed a very interesting session and then volunteers were given time for their skit practice.

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Day 3: Volunteers woke up as per the scheduled explained to them and went for jogging, exercise and yoga session, after the completion of morning schedule they were instructed about the rules and regulations to be taken care of at the time of activity and then went for the activity in the village. Digging of Bio compost pit, cleaning of the school and road construction was the activity that was scheduled for the day. Volunteers were divided into 3 groups and were allocated with the work. Volunteers dug a pit of 5ft for the disposal of wet waste and dry waste. the mud which was dugged for the pit was used for the road leveling. Villagers and the sarpanch were quite happy with the quality of work done by the volunteers. A group of 8 volunteers were sent to the school for teaching the students and preparing them for the cultural event. A session on "Food Adulteration" was then been scheduled by "Mr.Gajanan Patil" the session was very interesting as the volunteers were made aware by showing them what is right and what is wrong, also how to judge the pure one. Various methods were been explained to them so that to judge the right one.it was indeed a very interesting session. Volunteers were then given time for their skit practice.

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Day 4: Volunteers woke up as per the scheduled explained to them and went for jogging, exercise and yoga session, after the completion of morning schedule they were instructed about the rules and regulations to be taken care of at the time of activity and then went for the activity in the village. Digging of bio compost pit and road levelling was the activity scheduled for the day. A pit of around 3ft was dug for the disposal of dry waste and mud which was dugged was used for the road levelling. A group of 8 volunteers were sent to the school for teaching the students and preparing them for the cultural event. After that a session on "Period of Sharing" was been scheduled by "Ms. Nehali Jain" the session was very helpful for the girls as well as the boys as they were made aware of do's and dont's to be taken care of in the menstrual days. Volunteers were then made to clean the campus and then again, a session on "Zero Waste Management" was been scheduled by "Mr. Sushant Tomar" it was indeed a very helpful session as the volunteers were taught about the various methods for reducing and the waste also various substitutes were been advised to use instead of plastics. Volunteers were then given time for their skit practice.

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Day 5: Volunteers woke up as per the scheduled explained to them and went for jogging, exercise and yoga session, after the completion of morning schedule they were instructed about the rules and regulations to be taken care of at the time of activity and then went for the activity in the village. Survey and Awareness were the activity scheduled for the day. Volunteers were divided into groups and were allotted with the works. Survey was conducted to know the needs of the village so that we can plan accordingly and help them in every best possible way we can. The awareness was related to cancer and many other diseases. Volunteers explained the villagers about the symptoms of the diseases also they were explained the precautions to be taken care of for the prevention of such diseases. Later, a session on "Domestic Voilence" was been conducted by "Mrs. Sushila Vijaykumar" volunteers had a great session as they were introduced by some lesser-known laws which actually plays a great role at the time of need also they were instructed to perform a skit on topics given to them. Volunteers actively participated in the session and had a good time. Later, a session on "Personality **Development**" was scheduled by "Prof. Jeevan Vichare" (DC of Thane District) volunteers had a fun time with him as they got to know about his struggle for what he is today. Also, they learned many lessons which will definitely help them in their future. Volunteers were then given time for their skit practice.

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Day 6: Volunteers woke up as per the scheduled explained to them and went for jogging, exercise and yoga session, after the completion of morning schedule they were instructed about the rules and regulations to be taken care of at the time of activity and then went for the activity in the village. A health check-up was organized for the villagers which included BMI (Body Mass Index) and other, regular check-up. We received a good response from the villagers and since we had a lot of people coming for the check-up and the doctor had less forms so, they had to continue the next day. Also, various suggestions were provided by the doctor to the villagers for a healthy lifestyle. Also, a survey was conducted regarding the same for our feedback. A cultural fest was organized to encourage the children of the village it included sports events, elocution, dance, skit, singing, rap also gifts and certificates were given to the children to encourage them to participate in their future. Later, a session on "Scientific Temperaments and Anti-Superstitions" was been scheduled by "Mr. Swapnil Shirsath and **Team**" it was an eye-opening session for the volunteers as they were made to know the fact behind magic tricks and the scientific reasons behind the beliefs. The programme officer's and the leaders together gave a surprise to the volunteers in the form of "Camp Fire" and an "Adivasi Act" performed by the leaders. Volunteers enjoyed the camp fire by singing, dancing and by doing many other fun activities.



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Day 7: Volunteers woke up as per the scheduled explained to them and went for jogging, exercise and yoga session, after the completion of morning schedule they were instructed about the rules and regulations to be taken care of at the time of activity and then went for the activity in the village. "Joy of Giving" was the activity scheduled for the day. volunteers went for cloth donations, toy donation and book donation in the nearby Adivasi village. The villagers were very happy because it was something very new and unexpected for them. Before leaving the camp site all the volunteers voluntarily cleaned the campsite and then our programme officers had taken us to a river for site seeing which was nearby the campsite and then we concluded the camp with the "Closing Ceremony" which included the certificate distribution and announcement of "Best Volunteer" (male and female) throughout the camp.

During these 7 days the Tea, Breakfast, Lunch and Dinner was prepared by NSS Volunteers only by using wood fire. For, all 7 days morning jogging and yoga activities were conducted daily at 5:30am.





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### NAAC ACCREDITED 'A' GRADE

#### **ISO 9001:2015 CERTIFIED**

### **IMC RBNQ CERTIFICATE OF MERIT 2019**

### Participants List-7 Days Residential Camp.

	1.	Abhis	hek	Asta	lkar
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- 2. Abhishek Gupta
- 3. Abhishek Shetty
- 4. Alisha Siddiqui
- 5. Amisha Panchal
- 6. Anjali Prajapati
- 7. Anurag Singh
- 8. Arjoon Panda
- 9. Bhavana Shriniyas Kodakanti
- 10. Bhavya Karkera
- 11. Deepthika Pillai
- 12. Devang Prajapati
- 13. Dhanashree Dhamdhere
- 14. Dipti Shetty
- 15. Gaurav Yadav
- 16. Ishan Salian
- 17. Karan Shettigar
- 18. Madhavi Singh
- 19. Mahima Singh
- 20. Mayur Gami
- 21. Megha Agarwal
- 22. Megha Paunikar
- 23. Mihir Panchal
- 24. Nandini Mahapatra
- 25. Navyashree Shetty
- 26. Nidhi Shetty
- 27. Nilesh Giri
- 28. Prachi Gada
- 29. Prem Sahu

- 30. Rahul Kushwaha
- 31. Ravi kumar Ramlochan Patel
- 32. Riya Singh
- 33. Riya Kittikal
- 34. Sahil Shaikh
- 35. Sahil Ubhare
- 36. Sakshi Sonwalkar
- 37. Samruddh Shetty
- 38. Sandeep Shah
- 39. Sapna Lodhi
- 40. Sayali Tawade
- 41. Shiva Pradhan
- 42. Shreva Shetty
- 43. Shruti Panhale
- 44. Siddhi Shetty
- 45. Snehal Rai
- 46. Sonica Shetty
- 47. Sumeet Patel
- 48. Supritha Suvarna
- 49. Sushan Shetty
- 50. Sushant Shetty
- 51. Tejashree Nair
- 52. Ujwal Poojary
- 53. Uma Nadar
- 54. Vaishnavi Kashte
- 55. Vardha Nalawade
- 56. Vrinda Soman
- 57. Vrushali Bhosale

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