

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI.**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 9001:2015 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

# Blood Donation Camp



**NSS Programme Officer**



**NSS Programme Officer**



PRINCIPAL

Bunts Sangha's S. M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.

Tel. 022-6132 7352

Email: college@smsshettyinstitute.org

**Principal**

Criterion 3 - Research, Innovations and Extension

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**Approval Form: Blood Donation Camp**

**Department:** NSS Unit.

**Program:** Blood Donation Program.

**Objectives:** This is an initiative to increase the awareness regarding blood donation.

**Need:** It is important to motivate students and encourage them to donate blood to the blood bank.

**Content:** The Blood Donation was conducted in collaboration with TATA MEMORIAL HOSPITAL.

**Date:** 31<sup>st</sup> August, 2019.

**Cost/Budget:** NA.

**Proposed by:** Ms. Ishan Salian.

**Verified by:** Prof. Vijay Vishwakarma & Prof. John Menezes.

Approval Date : 11th August, 2019



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**Minutes of the meeting: Blood Donation Camp**

**Minutes of the meeting (16<sup>th</sup> August, 2019):**

- Discussed the date for the Blood Donation Camp.
- Finalized the work distributed to the leaders.
- Started working on the Volunteers List.
- Discussed about the permission letter for the Blood Donation Camp.

**Minutes of the meeting (20<sup>th</sup> August, 2019):**

- Finalized the Volunteers List.
- Finalized the Poster for the Blood Donation Camp.
- Allotted a PR team and ordered them to start with the PR calling.
- Finalized the date for the Blood Donation Camp.
- Created a WhatsApp group for the volunteers.
- Finalized the timing for the Camp.

**Minutes of the meeting (30<sup>th</sup> August, 2019):**

- Distributed the Volunteers into teams.
- Work allotted to the Volunteers.
- Finalized the dress code for the Blood Donation Camp.
- Started making the coupons for Refreshment.



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**Poster/Brochure: Blood Donation Camp**



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Affiliated to University of Mumbai  
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# NSS UNIT

(RED RIBBON CLUB)

**Welcomes You For**

## **BLOOD DONATION CAMP**

(IN COLLABORATION WITH TATA MEMORIAL HOSPITAL)

**It takes 15 minutes to save 3 lives,  
makes you healthy and others happy.**

**DONATE BLOOD, SAVE  
LIVES!**

**Venue : Auditorium**

**Date : 31<sup>st</sup> August, 2019**

**Time : 8am-4pm**

**shettyNSSunit\_b46**



*Dipanjyee Chakrabarti*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



*Principal*

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**NSS UNIT**

**Blood Donation Camp**

<b>Precautions Before Donating</b>	<b>Post Donation Care</b>
Age: 18 to 60 years (up to 65 years if donating regularly).	Take more fluids orally than usual in the next 4 hours like fruit juices, water.
Weight: 45 kgs or More.	
Should have eaten something within 4 hours prior to donation.	Do not smoke for 30 minutes after donation Do not stand in sunlight for long.
Should have slept well for at least 6 hours, within 24 hours before donation.	Do not drive any vehicle for 1 to 2 hours Do not take alcohol for next 24 hours.
Should not have smoked within 4 hours prior to donation.	Avoid any heavy strenuous activity for that day like jogging, workout in the gymnasium etc.
Should not have consumed alcohol within 24 hours prior to donation.	If there is bleeding from the phlebotomy site, raise the arm and apply pressure at the site.
Should not have consumed any antibiotics within 3 days prior to donation.	Remove bandage 5-6 hours after donation.
Should not have undergone tattooing or body piercing within 6 months.	If there is a feeling of giddiness, either lie down or sit with head between the knees.
Shall not be on medication for Blood Pressure.	
Do not wear tight clothes on your upper arm.	

***"A single pint can save three lives, a single gesture can create million smiles."***

**Date:** 31st August, 2019

**Time:** 9 a.m. to 4 p.m.

**Venue:** Auditorium

*Dipanjy Crishnasarma*

**NSS Programme Officer**

*John Senzo*

**NSS Programme Officer**



*Principal*

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**Notice: Blood Donation Camp**

THE NSS UNIT OF SM SHETTY COLLEGE IS ORGANIZING A "BLOOD DONATION CAMP" ABOUT ON 31st August,2019 which will be with collaboration with TATA MEMORIAL HOSPITAL, PAREL which will be commenced at 9am.

VENUE: Auditorium.

TIME: 9:00 A.M.

**FOR ANY QUERIES CONTACT**

PROF. VIJAY VISHWAKARMA

PROF. JOHN MENEZES

SHREYA RAI (TYBBI)



**NSS Programme Officer**



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**Report: Blood Donation Camp**

**Event: Blood Donation Camp.**

**Date:** 31<sup>st</sup> August, 2019.

**Report:** The camp commenced at 9am. The event was a great success as 231 blood units were collected with the help of hospital officials who gave the volunteers a proper guideline. Each and every donor was provided a donor card and certificate by the hospital along with proper refreshments. They were also explained about the do's and don'ts post blood donation so as to make sure that the donors are fit and fine. There were a total number of 114 rejected counts due to underweight and low hemoglobin.



**Donors donating the blood enthusiastically for a noble cause**

*Dipanjyoti Krishnasarma*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



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**Volunteers cheering after Blood Donation Drive**

**Participation List: Blood Donation Camp**

There was total 231 Blood Units counts. From which 146 were of males and 85 were of female.

No. of Male	No. of Female	Total
146	85	231

*Vijay Krishnarajama*

**NSS Programme Officer**

*John Pereira*

**NSS Programme Officer**



*Principal*

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